



ROOTED

JULY 26 | OUTLINE AND STUDY QUESTIONS

MERIBAAL: A STORY OF SCATTERED SHAME

Outline

1. When a series of bad things happen it can feel like God is against you (Meribaal)
2. Shame is feeling a sense of worthlessness due to past failure or setbacks.
3. God scatters our shame (Mephibosheth) by speaking these five words (2 Samuel 9)
 - Do not fear.
 - I will surely show you kindness.
 - I will restore you.
 - I will welcome you into a personal relationship.
 - I will give you the resources you need to be successful.

Going Deeper

Use the following questions for personal reflection and/or to discuss with family, friends, or small group.

1. Was there anything about Remy's farm story that you could relate to?
2. Have you ever been in a place where you felt like you would never succeed? Describe.
3. Have you ever felt like God was working against you? Describe.
4. Imagine being Meribaal living in exile in the desert. What would life be like for you? How would you think about the future?
5. How is David's covenant with Jonathan like God's covenant with us?
6. Read 2 Samuel 9:1-12. Which words of David's are the most meaningful to you?
7. Read Isaiah 30:18. Do you believe that God longs to be gracious to you?
8. Is there anything in your thought life that prevents you from accepting God's kindness?
9. Take a moment to offer God your shame and failure and thank him for his kindness.