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Fear Is a Liar

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Outline and Study Questions

Outline

Texts: Isaiah 43:1-3, Matthew 26, Mark 16

1. Of Jesus' 125 commands, he called us to love 8 times and to "fear not" 21 times.
2. Fear ...
 - is about losing control.
 - lies to us about our future.
 - turns us into control freaks.
 - robs from us.
3. The resurrection revealed what was hidden: God was in control all along.

Going Deeper: Use the following questions for personal reflection and/or to discuss with your family, friends or small group.

1. What are some things that cause you to fear?
2. If you were a disciple on the day that Jesus died, what are some things you would have feared?
3. How do you react to fear? Take action? Flee/give up? Has your reaction to fear created any new problems?
4. What lies do fear cause you to believe about your future? About God? About yourself?
5. What has fear robbed from you throughout the years? (relationships, career, adventure, etc.)
6. What things have traveled with fear in your life? (i.e. anger, sadness, doubt, etc.)
7. Imagine finding the tomb empty or actually meeting Jesus alive after his death. What kind of thoughts and feelings would run through your mind and heart?
8. How would life change today if you fully believed that God was in control of your life and is able to make things good again?
9. What are some of your favorite Bible verses about fear? Consider: Isaiah 41:10, 13, Joshua 1:9, Psalm 27:1, John 14:27