

## Outline

1. The loaded question: How are you doing?
2. The upside of mirrors:
  - See how WE are handling 2020
  - Being real with ourselves about what we see
  - Reflecting the life of Jesus Christ
3. The order of things: God loves us (first), therefore we should want to live like Jesus
4. The good that comes from reflecting Jesus in the world

Going Deeper: Use the following questions for personal reflection and/or to discuss with your family, friends or small group.

1. How are you doing? (be honest) Do you need some self care? What does that look like for you?
2. Looking at your own life, honestly consider the question that Paul poses to the church in Philippi: "How are you doing with living a life worthy of the gospel?"
3. What are the outside "opponents" in your life?

What about opponents from the inside, from within the church or your community?

4. Make a list of what you have disliked (even hated) about 2020. Allow yourself to mourn them.

Now make a list of the good things of 2020, things that have brought you joy. Thank God for them, they are your "joy in the mourning."

Finally, read Philippians 2 and make a list of the characteristics of Jesus. Circle the ones that resonate most with you.

5. Think of someone you know whose life is a reflection of Christ. Consider letting them know that is how you see them, at the very least, thank God for their example in your life.
6. Is it easy or a struggle for you to keep your eyes focused on Jesus? Why do you think that is?