



# August 16, 2020

## The Fear of Worst-Case Scenarios

Remy Diederich

### Outline and Study Questions

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#### Outline

How to overcome your fear:

1. Turn to God immediately.
2. Remind yourself of God's faithfulness in the past.
3. Admit you are powerless.
4. Move toward the problem. Engage but don't coerce.
5. Praise God now, don't wait for later.
6. Expect a blessing.

Going Deeper: Use the following questions for personal reflection and/or to discuss with your family, friends or small group.

1. Read the story in 2 Chronicles 20. What stands out to you? What was new that wasn't mentioned in the sermon?
2. Jehosaphat turned to God immediately. What do you tend to do first when you hear bad news? How long does it take to turn to God? Why is that?
3. Has God been faithful to you in your past? How? List as many things as you can think of and use this list to speak to you during future crises.
4. Read vs. 12 and 13. Why is it so hard to admit that we are powerless? What do we often do instead?
5. Fear causes "fight or flight." Which do you tend to do? How do you seek to "solve the problem" through manipulating people or the setting?
6. Why did God wait for people to praise Him before He sent deliverance? What does this teach you?
7. As you look back at hard times, have they been a blessing to you in some ways? If so, how?
8. Thornapple has had some setbacks. But how might these setbacks have a "silver lining." Do you believe the best is yet to come?
9. Ask God to help you put your eyes on Him and trust Him to fight your battles.